



Boulder Association of Jungian Analysts

The Boulder Jung Seminar

Curriculum
2015-2016

Clinical and Dream Dialogues

A Colloquium for
Clinicians and Training Candidates

Schedule

Fridays 3pm to 6pm

Locations: Boulder TBA

******Orientation Friday September 11th 2:30-3:00 only.**

Don Williams and Steve Foster will introduce and answer any questions regarding the clinical series and IRSJA training seminar requirements.

September 11th 2015

Don Williams

Location: TBA

A brief presentation followed by discussion in the first hour. We will focus our attention on (1) how we recognize moments and images of the client's unconscious intelligence and creativity-in-communication and (2) how these moments, stories, images, and emotions can guide our analytic participation. Two case presentations and discussion follow from 4-6. Within the context of the case presentations I would like to also keep our attention focused on the small details of affective experience, language, silence, and physical presence to enrich our understanding of symbolic communication in analysis.

Seminar objectives

1. Understand how Jung's understanding of his patients' unconsciously active intelligence and creativity organized his analytic practices
2. Recognize and define how Jung's work with his own unconscious creativity directed his development in the relative isolation of childhood, in his work with difficult patients at the Burghölzli Hospital.

Required Reading: Collected Work Volume 3: *The Psychogenesis of Mental Disease* (4 essays)

1. "The Psychology of Dementia Praecox": 12 pages of excerpts from Jung's seminal essay on schizophrenia based on his research and analytic work at the Burghölzli psychiatric hospital. First published in German, 1907.
2. "On psychological understanding". Delivered in English, London 1914. (p. 179-193).
3. "On the psychogenesis of schizophrenia". Written in English, delivered in London, 1939. (p. 233-249).
4. "Schizophrenia." Published in 1958. (p.256-272).

<http://www.cgjungpage.org/learn/resources/jung-s-collected-works-abstracts/854-abstracts-of-the-collected-works-of-cg-jung%23Volume3>

October 9th 2015

Martha Harrell

Location: TBA

This will be a clinical case presentation and discussion. I would ask that one person bring a case for discussion and a second person be ready to also present if time presents. Please bring any dreams typed out with copies for everyone if there are any in the case.

November 13th 2015

Gus Cwik

Location: TBA

Required Reading: *Understanding Dreams*, by Mary Ann Mattoon.

Gus Cwik will work with two case presentations holding a particular focus on dreams and transference/countertransference issues that surface in the thirdness.

December 11th 2015

Linda Leonard

Location: TBA

Required Reading: *The Call to Create* by Linda Schierse Leonard, Ph.D.

A special seminar with Linda Leonard: In this clinical consultation group, Linda will use her book *The Call to Create*. Participants should bring copies of clinical vignettes or dreams that can be considered from this perspective.

Many people do not think of themselves as creative. Yet their everyday discoveries, work, and appreciation of families, relationships, and personal lives are creative acts. *The Call to Create* helps identify the characters and archetypal patterns that rise up inside us as we go about imagining a better life. The inner characters can help or hinder a person seeking to be creative. The obstacles we encounter are important to identify so they can be transformed. This is true for both analysands and psychotherapists so considering this material can deepen the relationship with the unconscious, facilitate the therapeutic process, and clarify transference/countertransference issues. Helping an analysand understand the inner workings of their psyche, with respect to creativity expressed through dreams or other material from the unconscious, can facilitate the movement through dark times and open up the transformation process. Therapists also need to understand what might block their way in working with the analysands; we will explore how these archetypal patterns may show up in the transference-countertransference process itself.

Seminar objectives:

1. Explore the creative process through identifying archetypal figures of transformation in the psyche.
2. Identify obstacles that hinder creativity.
3. Learn to use writing exercises to open up the creative process.

February 12th 2016

Catharine Jones

Location: TBA

Catharine Jones will consider the work with cultural complexes is an enriching but sometimes challenging process for clinical work. Catharine Jones will discuss the topic of Cultural Complexes within a clinical setting and through the presented clinical material. Some aspect of the cultural complex that is present in the transference/countertransference, or that has not yet surfaced consciously, but has the potential to manifest consciously in either the therapist, analysands, or in the analytic third is encouraged.

Seminar objectives

1. Define 2 ways in which cultural complexes can inhibit the therapeutic process
2. Name and identify 2 personal experiences of how one's awareness of a cultural complex can facilitate a deeper relationship with the unconscious
3. Identify 3 approaches to working with potential transference/countertransference issues associated with cultural complexes.

March 11th 2016**Joe McNair****Location: TBA**

Joe McNair will explore through 2 case presentations how typology impacts and influences the analytic encounter. Additionally, the role of the typological hierarchy has profound implications in the counter-transference relationships. Assigned reading for Saturday seminar will be taken into consideration and discussed in relationship to case presentations.

April 8th 2016**Stephen Foster****Location: TBA****Required Reading:** Hall, J. (1983). *Jungian Dream Interpretation*. Inner City Books, pages 34-53.

In this seminar we will explore the "the initial dream." James Hall (1983) says that the initial dream can offer information on the diagnosis and prognosis in the analysis. Through group discussion of dream content, we will explore what the meaning of the images and the story in the "initial dream." We will explore the progression and regression of psychic energy in the dream through personal and archetypal associations. We will also consider what the dream images may suggest for the clinical work ahead. Each participant is asked to bring one initial dream from case material. Please bring enough copies to share with the group.

Seminar objectives

1. Learn about the structure and purpose of the initial dream
2. Explore the clinical relevance of the initial dream
3. Define and use Jung's synthetic method

May 13th 2016**Martha Harrell****Location: TBA****Required Reading:** *Ego and Archetype*, by Edward Edinger

This will be a clinical case presentation and discussion that will take into account Edinger's amplifications of Jung's work in *Ego and Archetype* and its relevance to clinical work. I would ask that one person bring a case for discussion and a second person be ready to also present if time presents. Please bring any dreams typed out with copies for everyone if there are any in the case.



Boulder Jung Seminar

Saturday Seminars

8:30-5:00

Location: BC3

Arapaho and 28th

Boulder, Colorado

Collected Works
Nora Swan-Foster
Saturday September 12, 2015
8:30-10:15

CW Volume 7: Two Essays

Anima and Animus pages 188-211 & discussion on Analytical group theory

Grimms' Fairy Tales:
Origins, Importance and Psychological Interpretations
Stephen Foster and Professor Ann Schmiesing
Saturday September 12th
10:30-5:00 Fairy Tales

The interpretation of fairy tales is an important concept in Jungian psychology because they hold aspects of the repressed feminine, they reflect an aspect of the cultural unconscious and they provide impersonal material for exploring psychological concepts in the unconscious. This opening seminar of the 2015-2016 year will set the stage for various motifs that will be taught throughout the year. We welcome Dr. Ann Schmiesing, Professor in the Department of Germanic and Slavic Languages and Literature, who will provide the historical background and cultural aspects of the *Grimms' Fairy Tales*, including an exploration of changes made by the Grimm brothers and the subsequent effects they have on our psychological interpretation of selected motifs. Dr. Schmiesing will discuss the *Maiden Without Hands* and *Jorinda and Jorindel* as specific examples. Stephen Foster will provide the psychological interpretation of fairy tales from a Jungian perspective, with a particular emphasis on Jungian concepts of the spirit, shadow, anima and animus in these fairy tales. Stephen will work with one of the example fairy tales provided by Dr. Schmiesing with the goal of linking the cultural and historical aspects of the story to Analytical psychology.

- Will learn the origins of the Grimms' fairy tales and their relationship to the European Culture Unconscious
- Understand how the changes made by the Grimm brothers effect how we view the tales.
- Be able to investigate how these abstract concepts can be re-imagined as personal internal psychological parts, and worked with symbolically.

Readings and Collected Works Essay(s)

The Phenomenology of the Spirit in Fairytales, C.G. Jung, Collected Works, Volume 9i, Paragraphs 384 through 455.
The Interpretation of Fairy Tales, by Marie –Louise von Franz. Focus on Chapter 7

Supplemental:

Schmiesing, A. (2014). *Disability, Deformity, and Disease in the Grimms' Fairy Tales*. Wayne State University Press.
Newton, L. (2007). *Brother and Sister: discovering the psychology of companionship*. Spring Journal Books.

Ann Schmiesing, PhD is a Professor in the Department of Germanic and Slavic Languages and Literature and has research interests in 18th and 19th-century German and Norwegian literature and culture. She received her PhD in German from Cambridge University. Dr. Schmiesing received the 2015 Germanic and Slavic Teaching Award at CU. She has published and presented internationally on fairy tales.

Stephen Foster, PhD, LPC, NCPsyA graduated from the Inter-regional Society of Jungian Analysts, and is a Senior Analyst with the Boulder Association of Jungian Analysts. He is the author of "Risky Business: A Jungian view of environmental disasters and the Nature of the Archetype" where he expands on his interests in the psychology of environmental problems, and archetypes related to our interactions with nature. He is interested in and lectures on Alchemical imagery in films, tarot, the interpretations of fairy tales, addiction, and trauma. He has a private practice in Boulder Colorado.

Collected Works
Don Williams
Saturday October 10, 2015
8:30-10:15

CW Volume 3: The Psychogenesis of Mental Disease

On psychological understanding. Pages 179-193.

**Jung's Red Book:
Its Controversial History and Significance**
Rich Ryan
Saturday October 10th
10:30-5:00

In this seminar we will approach C. G. Jung's *Red Book*. As an introduction and orientation, we will situate *The Red Book* within the context of Jung's body of work and explore the circumstances, history and significance of its authorship and publication. While a one-day seminar cannot do justice to an opus of this scope and magnitude, we will cover Sonu Shamdasani's introduction to the book and discuss how to approach the rest of the text and illustrations as Shamdasani himself did. *The Red Book* was the foundation of Analytical psychology and Jung's map of the psyche. We will also consider the history of Jung's *Red Book* in relation to both Jung's relationship with Freud and to Jung's later work.

Seminar Objectives:

1. Name 3 important details associated with the schema and design of *The Red Book*.
2. Name and define 3 historical details associated with *The Red Book*.
3. List 4 psychological concepts that led to the formation of Analytical Psychology and were first delineated in *The Red Book*.
4. Discuss 3 important points regarding Sonu Shamdasani's approach to the raw material of *The Red Book*, and his own method of understanding and organizing it for publication.
5. Participants will name and expand upon 2 examples of personal and/or collective transference to *The Red Book*.

Required Readings:

Shamdasani's Introduction to *The Red Book*.

Supplemental Readings:

Hillman & Shamdasani. (2013). *Lament of the Dead: Psychology after Jung's Red Book*.

Drobbs, S. (2012). *Reading the Red Book: An interpretative guide to reading Liber Novus*.

Required Assignment: Write 1-2 paragraphs describing your experience, thoughts, process and/or feeling relationship with the *Red Book*. Consider how it has impacted your psyche over time beginning when you first heard it would be published.

Rich Ryan PhD, LCSW trained at the Jung Institute of Los Angeles where he is a member analyst and frequent lecturer. He received a PhD from Pacifica Graduate Institute in 2008 and an MSW from New Mexico Highlands University in 1996. Rich is licensed in New Mexico and California and currently lives, practices and teaches psychology in Santa Fe. He is available for supervision, consultation, and analysis in person or by video conferencing.

Saturday November 14, 2015
Gus Cwik
Collected Works
8:30-10:15

CW Volume 17: The Development of Personality

Section IV. Analytical Psychology and Education. pages 63-107. **Focus on Lecture Two**

Dream Appreciation: Jungian Style

Gus Cwik
Saturday November 14, 2015
8:30-5:00

“Dreams are neither deliberate nor arbitrary fabrications, they are natural phenomena which are nothing other than what they pretend to be. They do not deceive, they do not lie, they do not distort or disguise, but naively announce what they are and what they mean. They are irritating and misleading only because we do not understand them.” C.G. Jung

Jung believes that health consists of more than just the absence of symptoms: health involves a living relationship with the unconscious mind. Working with dreams is one of the “royal roads” to this connection. This seminar will help the participants to develop a greater appreciation of their dream life by approaching the dream through Jung’s model of the psyche. Interpretation of major dream themes and motifs will be discussed as well as the technique of active imagination, Jung’s imaginal approach to fantasy material. Participants are asked to bring in recent dreams that they are willing to share with the group.

Seminar Objectives

1. List 4 fundamentals of a Jungian approach to dreams
2. Apply a compensatory attitude in dream interpretation
3. Utilize the concept of thirdness in relation to dreams

Required Reading

Matoon, Mary Ann. (1984). *Understanding dreams*. Dallas: Spring Publications.

Supplemental Readings:

Bosnak, R. (1988). *A little course in dreams*. Boston: Shambala.

Johnson, R. (1986). *Inner work: Using dreams and active imagination for personal growth*. San Francisco: Harper & Row.

CW Volume 7

Reconsider the Essay: *The Synthetic or Constructive Method* pages 80-89.

August J. Cwik, Psy.D. is a clinical psychologist, hypnotherapist and senior Jungian analyst in private practice in the Chicago area. He is a member of the Chicago Society of Jungian Analysts and the Interregional Society of Jungian Analysts. He is also an Assistant Editor of the Journal of Analytical Psychology. He was Co-Director of Training of the Analyst Training Program and Co-Director of the Clinical Training Program in Analytical Psychotherapy at the C.G. Jung Institute of Chicago. He has published articles on the structure of analysis, alchemy, supervision, dreams, active imagination and numerous reviews.

Collected Works
Nora Swan-Foster
Saturday December 12, 2015
8:30-10:15

CW Volume 7: Two Essays on Analytical Psychology

Part I: On the Psychology of the Unconscious Pages 3-79

The Hidden Divinity of Mary Magdalene

Laurel Howe

Saturday December 12, 2015

10:30-5:00

Mentioned by name twelve times in the New Testament, Mary Magdalene fulfills a critical role in Jesus Christ's death and resurrection. The fact that she is the first or among the first to see the empty tomb and the risen Christ make her especially alluring to the imaginations of church fathers, who greatly elaborate her image through the centuries, trying to explain to each other and their flock why a woman was given such an important role. The way Mary piques the exegetes' imaginations reveals that she carries an important psychic reality for them, and for us. We will look at her life in Biblical and Gnostic texts and explore the symbolic meaning of her role in the death and resurrection, unraveling how Mary carries the archetype of the partner to the god-man. We will review how masculine and feminine realms are mutually engaged in psychological development and the evolution of the god-image.

Objectives:

1. Clarify the history of Mary Magdalene in the Bible versus her history in the minds of the Church fathers.
2. Explore the death and resurrection archetype from a symbolic and psychological perspective.
3. Understand how masculine and feminine psychological elements are mutually involved in the individuation process.

Required Readings

C. G. Jung, *Collected Works Volume 11, Psychology and Religion*, "A Psychological Approach to the Dogma of the Trinity", Part II, pages 107-200.

Collected Works Volume 9,ii, Aion, "Christ, a Symbol of the Self", pp. 36-71, and "Gnostic Symbols of the Self", pp. 184-221.

** The Gospel of Mary. (Short reading, will be provided)

Supplemental Readings:

Pagels, Elaine. (1979). *The Gnostic Gospels*. Vintage Books.

Haskins, Susan (1993). *Mary Magdalene: Myth and Metaphor*. Riverhead Books.

Laurel Howe studies and writes about Mary Magdalene, pre-Biblical feminine images in the Levant, and alchemy in sandplay. She is a senior Diplomat Jungian Analyst who studied at the Centre for Research and Training in Depth Psychology, Zürich.. She is a teaching member of the International Society of Sandplay Therapists and an advisory board member of the Colorado Sandplay Therapy Association. Laurel has a private practice in Lakewood, Colorado where she works with young children and adults, doing sandplay therapy and analytic work.

**Collected Works
Catharine Jones
Saturday February 13, 2016
8:30-10:15**

CW Volume 7: Two Essays

Part II Part One *The Effects of the Unconscious upon Consciousness*. pages 123-169.

Focus on Essays III and IV *The Persona as a Segment of the Collective Psyche* and *Negative Attempts to Free the Individuality from the Collective Psyche*.

**Cultural Complex:
Considering "Race" in our Culture and in Our Work.
Catharine Jones
Saturday February 13, 2016
10:30-5:00**

The focus of the course will be to familiarize ourselves with the concept of the cultural complex, using the book *The Cultural Complex*, edited by Tom Singer and Sam Kimbles. This concept includes the issues of sexism, environmental, poverty, racism, among many others cultural issues. For this seminar we will focus on the social construct of racism and of our own level of knowledge or awareness of how we respond to "micro-aggressions" we experience or may inadvertently commit.

We will review chapters by Singer, Kimbles, Gerson, Morgan, Beebe, from *The Cultural Complex*. We will view and discuss video clips produced by StirFry Seminars director, Lee Mun Wah.

Seminar Objectives:

1. To define the concept of cultural complex from a Jungian point of view.
2. To name and describe 3 ways that there is an overlay of issues of racism with other cultural complexes.
3. To identify 3 issues of ignorance, prejudice in your practice, either in your countertransference, or on your client's behavior, affect or thinking about him/herself or others who are of a different race.
4. To give 1 example that illustrate what Jung means by his idea of "the independence of the unconscious" (CW, vol. 7, page 123.) as it unfolds in our awareness of how our cultural complexes "have us", so to speak.

Required Assignment: 1-3 Page paper on your experience of the cultural complex of race in your life, or with a client.

Required Reading:

Singer, T. and Kimbles, S. (Eds). (2004). *The Cultural Complex*. NY: Brunner-Routledge.

Stir Fry Seminars: www.stirfryseminars.com (Please make yourself familiar with this resource)

Jones, Catharine (2015). "Currents of Hidden Rivers—I Will Listen to What You Say. *Jung Journal: Culture & Psyche*. Vol 9, Issue 1. (Catharine will provide)

Supplemental Resources:

Adams, Michael Vannoy. (1996). *The Multicultural Imagination: "Race," Color, and the Unconscious*. NY, NY: Routledge.

Dala, Farhad. (2002). *Race, Colour and the Processes of Racialization*. NY: Brunner-Routledge *Unconscious*. London: Routledge.

- Deloria, Jr., Vine. (1997). *Red Earth, White Lies: Native Americans and the Myth of Scientific Fact*. Golden, CO: Fulcrum Publishing.
- Derman-Sparks, Louise, and Carol Brunson Phillips. (1997). *Teaching/Learning Anti-Racism*. Teachers College, Columbia University, NY.
- Foster, Stephen J. (2011). *Risky Business: A Jungian View of the Environmental Disaster Archetype*. Toronto, Canada: Inner City Books.
- Hermann, Judith. (1997). *Trauma and Recovery: The aftermath of violence, from domestic abuse to political terror*. NY: Basic Books.
- Kendall, Francis. 2006. *Understanding White Privilege: Clearing Pathways to Authentic Relationships Across Race*. NY: Taylor and Francis Group.
- Kiehl, J. T. 2012. "A Jungian Perspective on Global Warming." *Ecopsychology*. Vol 4, No. 3. New Rochelle, NY: Mary Ann Liebert, Inc., Publishers.
- Sue, Derald Wing. 2004. "Whiteness and Ethnocentric Monoculturalism: Making The "Invisible" Visible." *American Psychologist*. November: 761-769.

Catharine Jones is a senior member of the CSJA, IRSJA, and IAAP. She has held positions in the CSJA and IRSJA and currently is the director of the two-year Jungian Psychotherapy Program/ Jungian Studies Program in Chicago. She is a published author and poet. She enjoys music, writes poetry, gardening, entertaining and most of all, her colleagues and friends.

Collected Works
Joe McNair
Saturday March 12, 2016
8:30-10:15

CW Volume 6: Psychological Types

The Problem of Types in the History of Classical and Medieval Thought pages 3-64

The Alchemy of Typology
Joe McNair
Saturday March 12, 2016
10:30-5:00

In this seminar we will focus on the 'hierarchy' of the two attitudes and the four functions. We will explore the history of Jung's discovery and development of the importance of the biological/instinctual roots of typology. From an 'Old School' approach we will work with the difference between 'receiving' and 'responding' functions. Special emphasis will be placed upon M-L von Franz's directive (to us in Zurich) that we are always to analyze to the fourth function. The key to this mandate was in understanding the crucial role of the third function that mediates the realms of the conscious and unconscious levels of our daily lives. The role of the typological hierarchy has profound implications in the counter-transference relationships. In the end, this will provide one with the necessary tools to enter the realm of Alchemy.

Required Reading

CW Vol 6, *The Type Problem in Psychopathology* pages 273-288

CW Vol 12, *The Work* paragraph 401 on page 288-289

Supplemental Reading

CW Vol 12, Chapter Three: *Basic Concepts of Alchemy & The Work* pgs 227-316.

Objectives

1. We will learn the essence and nature of the four functions
2. We will be able to differentiate the 'receiving' and 'responding' functions
3. We will learn the importance of the third function and its role in mediating the realms – unconscious and conscious
4. We will learn what it means to 'analyze to the fourth function'

Joe McNair is a psychologist and Jungian Analyst with private practices in Los Angeles and Boulder, Colorado. Joe is a senior core faculty member of the C.G. Jung Institute of Los Angeles and a Senior Training analyst with the Inter-Regional Society of Jungian Analysts as well as a founding member and senior core analyst of the Boulder Jung Seminar. Joe is the co-author (with Dr. Marvin Spiegelman) of Jungian Analysts: Visions and Vulnerabilities.

Collected Works
Stephen Foster
Saturday April 9, 2016
8:30-10:15

CW Volume 12: Psychology and Alchemy

The Basic Concepts of Alchemy & The Prima Materia. pgs 227-287 and 317-344.

Picture Interpretation with a Jungian Lens
Nora Swan-Foster
April 9, 2016
10:30-5:00

The visual image, as an isomorphic representation of psyche, holds a specific psychological time and place while also setting into motion a process of psychological change. C.G. Jung was the first depth psychotherapist who fully integrated art materials into his own inner process. He understood personally how both the process and the picture ignite inherent healing properties that shift our consciousness from existing in the profane to becoming more attuned to the objective psyche and the numinous. As sacred gifts from the soul, the picture is always vulnerable to misunderstandings, especially when trapped by projections and interpretations. A brief historical overview of Jungian picture interpretation and art therapy will contextualize the Zurich model of picture interpretation. Jolanda Jacobi was first to conceptualize Jung's ideas in *Vom Bilderreich der Seele*, which has not yet been translated; in 2005 Theodor Abt's book offered the first formal English text on Jungian picture interpretation. Using Abt's work, we will consider basic Jungian concepts revealed in pictures, the role of picture interpretation, the picture as the intermediary analytic third, and the use of alchemical operations such as amplification. Pictures from *The Red Book*, Jung's *Vision Seminar*, Jungian art therapy, alchemy and a few well-known works of art will be used to enhance our ability to see.

Seminar Objectives:

1. List 2 methods of Jungian picture interpretation
2. Define 4 tools of picture interpretation from a Jungian perspective
3. Explain the dangers of picture interpretation and how to avoid the pitfalls of this method

Assignment:

Begin your own Red Book process. Choose a journal or book where you consistently paint, draw, or transfer your images of dreams and any other material with or without written comments. It can be any size (miniature to large visual journal). Come prepared to discuss and refer to this experience.

Required Readings:

Jung, C.G. *Vision Seminar* selected pages (will provide).
Hand-outs (will provide).

Supplemental Readings (in order of importance):

Abt, T. (2005). *Introduction to Picture Interpretation: According to C.G. Jung.* (Recommended)
Furth, G. (1988). *The Secret World of Drawings.*
Edinger, E. (1990). *The Living Psyche: A Jungian analysis in pictures.*

Nora Swan-Foster, ATR-BC, LPC, NCPsyA is an art therapist and Senior Jungian Analyst. She serves on the IRSJA's Membership committee. For 30 years she has worked as an art therapist with a wide range of individuals and settings. Nora discovered an interest in picture interpretation while working with pregnant women because the method offered an expression of the inexpressible. Her diagnostic research from pregnant women is published internationally. Her chapter, "Jungian Art Therapy" is part of the edited book *Approaches to Art Therapy 3rd edition.*

Collected Works
Martha Harrell
Saturday May 14th, 2016
8:30-10:15

CW Volume 7: Two Essays

Part I and II pages 90-187 (please read previously assigned essays with Edinger's work in mind)

Ego and Archetype: a post-Jungian perspective
Martha Harrell
Saturday May 14th, 2016
10:30-5:00

Dr. Edward Edinger, as one of the founding members of the C.G. Jung Foundation for Analytical Psychology in New York, was one of the major Jungian writers in the early days of Depth Psychology in the United States. Of his many foundational writings in Jungian Psychology, *Ego and Archetype* is a classic.

This course will address Jung's most basic and groundbreaking discovery of the Collective Unconscious also known as the Archetypal Psyche. In his break with Freud he found the freedom to experience in both himself and his patients the depth dimension of psyche and followed the phenomenology of its manifestation into depths never before observed. As a result he recognized the same phenomenology in the cultural themes of myth and religion. Through this discovery he came to understand that the individual psyche is not just a product of personal experience. It also has a transpersonal dimension, which manifests in universal patterns. The relationship of these two is the content of this course. "This individual opus is called by Jung, individuation, its stages, its vicissitudes and its ultimate aim." (Edinger, 1972).

Seminar Objectives:

1. To define and discuss the process of Individuation and the stages of its development.
2. To define and discuss the ego-self axis and its relevance to clinical work.
3. To discuss the Encounter of the individual human ego with the Self.

Required Reading:

Edinger, E. (1972). *Ego and Archetype*.

Martha Harrell, PhD, LP (licensed psychoanalyst) is a senior member of the IRSJA. She began her academic career in the early sixties as a faculty member in both the Yale University, School of Medicine, Department of Psychiatry and the Yale School of Nursing as both a professor, clinician and community activist. As a graduate of the C.G. Jung Institute of New York, she later served on the Board and taught seminar material. Martha then embarked on a 25-year long journey to integrate body, psyche and soul through studying various approaches such as cranio-sacral and shamanic tradition of the Andes. She has a private practice in Lafayette, Colorado where she offers analysis and supervision.